

YOUTH BREAKING PROGRAM

BY ELEMENTS COLLECTIVE

GET ON UP



WHAT IS GET ON UP?

Get On Up is an exciting dance and sports education program by Elements Collective, designed for schools.

Dedicated Breaking coaches lead engaging workshops over two 6-week teaching blocks. Students learn Breaking, teamwork, discipline, and self-expression. The program's highlight is the yearly Battle Event, where Student Crews showcase skills and build community pride.



More than just dance or sport, it's an investment in holistic development, promoting physical activity, creativity, and life skills. Get On Up is Australia's first Breaking, dance, and sports school program with an inter-school Battle Event. Elements Collective will deliver this in 2024, fostering inclusivity, artistic expression, and school culture.



PROGRAM STRUCTURE

The Get On Up Breaking Program comprises **12 sessions** that can be spread **across 2 terms** offering flexible scheduling options. **The Battle Event**, set for the **final week of Term 3**, is the program's highlight, where Student Crews showcase their skills against other youth crews.



Elements Collective's Teachers act as mentors, guiding each crew in skill refinement, crafting dynamic battle sets, and ensuring every student feels confident for their event opportunity. In the first block, students learn Breaking foundations,

and develop dance techniques, and develop skills, coordination, and creativity. The second block reinforces these fundamentals, forms school crews, and prepares for the Battle Event.

EDUCATIONAL BENEFITS CURRICULUM OVERVIEW

Elements Collective's Get On Up Breaking Program aligns with the V9 Australian Curriculum in Health and Physical Education and Dance, fostering holistic student development. Emphasizing physical fitness, teamwork, and cognitive skills, it promotes discipline, creativity, and emotional well-being.

With performance opportunities and collaboration with professional coaches, it enriches education quality. The program goes beyond skill development, addressing broader learning outcomes like leadership, cultural relevance, and recognizing student achievements.

In the dance component, students engage in fundamental movements, choreography, and stylistic elements, encouraging self-expression and artistic exploration.

Get On Up Breaking Program offers a well-rounded, integrated physical education experience for schools, blending elements from sports and dance.

CONTACT INFO

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